

# ARBONNE ESSENTIALS. WHOLE FOOD BLEND MULTIVITAMIN & MINERAL BOOST

Our Whole Food Blend Multivitamin & Mineral Boost contains a blend of 21 vitamins and minerals to support overall health with ingredients to support bone, eye and immune function. It delivers a comprehensive multivitamin that fills key nutrient gaps in your diet and features forms to help support bioavailability and absorption. The unique botanical blend helps fight oxidation, which contributes to the aging process, and includes a B-complex and antioxidant vitamins A, C, D and E from whole food sources. #2064

### **FEATURES**

- Comprised of a blend of whole food derived nutrients and antioxidants along with scientifically derived vitamins and minerals to deliver a comprehensive multivitamin that can help fill nutrient gaps in your diet; giving your body what it needs to function optimally and helping you to effortlessly feel your best\*
- Each scoop contains essential vitamins and minerals from nature such as vitamin C from acerola cherry, vitamin D3 from lichen, calcium from seaweed, magnesium from seawater, and B vitamins from quinoa sprouts
- 21 vitamins and minerals support metabolism, energy levels, bone health and immunity by offering a daily nutrient boost that helps support the maintenance of health'
- Delivers over 100% of the daily recommended amount of vitamins A, C, and B6, plus thiamin, riboflavin, niacin, biotin, pantothenic acid, and vitamin B12
- Contains methylated forms of folate and vitamin B12
- Offered in a convenient powder that can be easily added to your morning beverage
- Formulated with non-GMO ingredients







### KEY INGREDIENTS & BENEFITS

- Vitamin C, a powerful antioxidant derived from ascorbic acid and acerola cherry, plays a key role in supporting immune health and helps to protect cells from oxidative stress in times where extra support is needed from seasonal and environmental threats<sup>6</sup>
- Vitamin D3, sourced from lichen, helps to support immune function along with bone, teeth and joint health°
- Zinc helps to quench free radicals, providing cellular protection and helping to maintain immune function and healthy skin\*
- Beta carotene, with vitamin A, helps to maintain eyesight, skin, membranes, teeth, bones and immune function<sup>6</sup>
- Vitamin E, derived from sunflower, helps to protect cells from oxidative stress<sup>6</sup>
- B-vitamin complex supports the metabolism of fats, carbohydrates, and proteins; helping to balance energy, metabolism, mood, and nervous system along with cognitive functions such as memory, and emotional well-being<sup>6</sup>



### HOW TO USE

Add 1 scoop to 8 oz. of a cold or room temperature liquid. Take with food once daily.

- Thiamin, derived from thiamin hydrochloride and quinoa sprouts, promotes energy balance; helping to support and maintain cardiovascular health and nervous system<sup>6</sup>
- Folate, derived from methyltetrahydrofolate and quinoa sprouts, helps with maintaining healthy cognitive function as well as provides cellular, neural, and immune support<sup>6</sup>
- Calcium, sourced from marine algae harvested from the North Atlantic seabed, helps to support bone and joint health while also promoting healthy muscle, nerve and enzyme function<sup>6</sup>
- Magnesium, sourced from magnesium hydroxide and sea water, helps the body to metabolize fats, carbohydrates and proteins; helping to maintain proper muscle function and tissue formation<sup>6</sup>
- Niacin, derived from niacinamide and quinoa sprouts, helps with optimal growth and development<sup>o</sup>

<sup>o</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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#### THE ARBONNE ADVANTAGE

Plant-powered, nutrient-rich products that are always Certified Arbonne Clean, meaning we go beyond standard industry testing and include additional testing of raw materials and finished products to ensure that each formula is cleaner for better results

### COMPLEMENTARY PRODUCTS

Arbonne Essentials.

Protein Shake Mix, Chocolate, **#2069**; Vanilla, **#2070** 

Daily Fiber Boost, #2075 Greens Balance, #6232

Mind Health, #6102

Daily Protein Boost, #6296

## **Supplement Facts**

Serving Size 1 scoop (3 g) Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	< 1%*
Vitamin A (as beta carotene)	2400 mcg	267%
Vitamin C (as ascorbic acid)	120 mg	133%
Vitamin D (as cholecalciferol)	20 mcg	100%
Vitamin E (as d-alpha tocopherol)	13.4 mg	89%
Thiamin (as thiamin hydrochloride)	2.5 mg	208%
Riboflavin (as riboflavin and riboflavin-5-phosp	phate, sodium) 2.5 mg	192%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	7.5 mg	441%
Folate (5-methyltetrahydrofolic acid, calcium salt and folic acid)	400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 (as methylcobalamin and cyanoc	obalamin) 40 mcg	1667%
Biotin (as biotin)	150 mcg	500%
Pantothenic Acid (as d-calcium pantothenate)	20 mg	400%
Calcium (as calcium carbonate)	500 mg	38%
Magnesium (as magnesium hydroxide and magnesium carbonate) Zinc (as zinc methionine sulfate and zinc sulfa	100 mg	24% 91%
Selenium (as L-selenomethionine)	52.5 mcg	95%
Copper (as copper gluconate)	0.75 mg	83%
Manganese (as manganese sulfate)	1.5 mg	65%
Chromium (as chromium picolinate)	5 mcg	14%
Molybdenum (as sodium molybdate)	15 mcg	33%
Sodium (as sea salt)	10 mg	< 1%
Potassium (as dipotassium phosphate)	50 mg	1%

**OTHER INGREDIENTS:** calcified seaweed (*Lithothamnion Spp.*), rice flour, rice hulls, acerola (*Malpighia glabra*) fruit, quinoa (*Chenopodium quinoa*) sprout, dicalcium phosphate, gum arabic, modified tapioca starch, tapioca dextrin, sodium ascorbate, microcrystalline cellulose, lichen (*Cladonia rangiferina*) extract, natural flavor.

Made in a facility that processes wheat, Crustacean shellfish, fish, egg, soybeans, milk, and tree nuts.

**NOTE:** Pregnant or lactating women and people with known medical conditions should consult with a physician prior to taking supplements. Do not use if safety seal is broken or missing. **Keep out of reach of children.** 

Made in USA, globally sourced

Keep in a cool, dry place

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